

#TRAINFORFIGHTNIGHT

STRESSED OUT? TOUGH DAY AT WORK? KIDS DRIVING YOU CRAZY! FEEL LIKE PUNCHING SOMETHING? DON’T WORRY. WE GOT YOU COVERED! COME JOIN OUR BOXING CARDIO WORKOUT CLASSES!! OUR CLASSES ARE DESIGNED TO TEACH YOU HOW TO BOX WHILE GIVING YOU AN INTENSE WORKOUT!! RELIEVE THOSE STRESSFUL DAYS BY PUNCHING SOMETHING AND GETTING A GREAT WORKOUT AT THE SAME TIME!

* NO EXPIERIENCE REQUIRED
* GLOVES ARE PROVIDED
* SIGN UP FOR CLASSES ON OUR WEBSITE
* JUST BRING YOURSELF

2421 HYDE PARK BLVD

NIAGARA FALLS, NY 14305

[WWW.FIGHTNIGHTBOXINGCLUB.COM](http://WWW.FIGHTNIGHTBOXINGCLUB.COM)

QUESTIONS? CALL OR TEXT 716-930-6660

*TAKE A PICTURE OF THIS FLYER!!!!*